

Calendar 2025-26

We do our best to adhere to everything on this calendar, but some edits will inevitably have to be made. We will communicate those!

Follow us on @cheerforNGHS on Instagram for reminders and updates

**The color listed on practice days is the tshirt color cheerleaders should wear unless your specific coach tells you otherwise!

(it does not have to be a specific North shirt, just a shirt in that color!)

	October 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
September 28	29 COMP: V 2:30-4:00 JV 3:30-5:00 RED	30 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	SPIRIT: JV Football 2:30-4:15 V Football 3:45-5:30 GREY	2 COMP: V 2:30-4:00 WHITE 9th FB @ P-Ridge 6:00 pm JV FB P-Ridge Home 6:00 pm	3 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football @ Peachtree Ridge 7:30 pm	COMP: Competition @ Seckinger (JV & V) *last comp for JV	
5	6 COMP: V 2:30-4:00 RED GAME DAY 4:00-5:30	7 COMP: V 3:00-4:30 @ ATA in Cumming BLACK 9th FB South Gwinnett Home 6:00 pm	8	9 FALL BREAK	10 FALL BREAK	11 FALL BREAK	
12 FALL BREAK	13 FALL BREAK	COMP: V @ Practice AT North 2:30-4:00 BLACK	SPIRIT: V Football 3:45-5:30 NEON	COMP: V 2:30-4:00 WHITE 9th FB @ Norcross 6:00 pm JV FB Norcross (home) 6:00 pm GAME DAY 4:00-5:45	17 COMP: No Practice NEON V Football Meadowcreek @ home 7:00 pm HOMECOMING	18 Homecoming!	

19	20	21	22	23	24	25
	COMP: V 2:30-4:00 RED GAME DAY 4:00-5:30	COMP: V 3:00-4:30 @ ATA in Cumming BLACK	SPIRIT: V Football 3:45-5:30 COLLEGE/TEAM SHIRT	COMP: V 2:30-4:00 WHITE GAME DAY 4:00-5:45	COMP: V 2:30-4:00 NEON V Football @ Norcross 7:00 pm	COMP: Competition @ Lanier (V)
26	27 COMP: V 2:30-4:00 RED GAME DAY 4:00-5:30	28 COMP: V 3:00-4:30 @ ATA in Cumming (last day at ATA) BLACK	SPIRIT: V Football 3:45-5:30 Check schedule for what to wear! Senior Dinner	30 COMP: V 2:30-4:00 WHITE V Football Duluth @ home 7:00 pm SENIOR NIGHT	31 COMP: V 2:30-4:00 NEON	November 1 COMP: Competition @ Cherokee (V)

	November 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
2	3 SECTIONALS WEEK FOR COMP!! COMP: V 2:30-4:00 RED GAME DAY 4:00-5:30	4 DIGITAL DAY COMP: V 2:30-4:00 BLACK	5 GAME DAY 3:45-5:30	COMP: V 2:30-4:00 WHITE TACO MAC Spirit Night 5:00-10:00	7 COMP: V 2:30-4:00 NEON 1st Round of State for football	8 COMP: COED SECTIONALS at East Coweta HS (must place in the top 16 to qualify for state the following weekend)	
9	10 STATE WEEK FOR COMP!! COMP: V 2:30-4:00 RED	11 COMP: V 2:30-4:00 BLACK	12 GAME DAY 3:45-5:30	13 COMP: V 2:30-4:00 WHITE GAME DAY 4:00-5:30	COMP: Leave for Macon in the morning, time TBD Sweet 16	Competition State Championship Macon Coliseum 3 pm session	
16	17 GAME DAY 3:45-5:45 Old Gym	18 GAME DAY 3:45-5:45 Old Gym	19 GAME DAY 3:45-5:45 Old Gym	20 GAME DAY 3:45-5:45 Old Gym	21 Elite 8	22	
23	24 THANKSGIVING BREAK	25 THANKSGIVING BREAK	26 THANKSGIVING BREAK	27 THANKSGIVING BREAK	28 THANKSGIVING BREAK Final 4	29	
30 GAME DAY 2-4 Commons							

December 2025							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 GAME DAY 3:45-5:45	2 GAME DAY 3:45-5:45	3	Game Day State Championship Columbus Civic Center *Schedule on ghsa.net/cheerleading	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				